



# *Dentistry for Health and Wellness*

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## **CROWN AND BRIDGE: AFTER THE PREPARATION**

- a. Follow all our home care instructions exactly as directed. Always use fluoridated tartar control toothpaste. Success of treatment depends directly on the improvement/maintenance of your excellent oral hygiene.
- b. After a tooth is prepared for a crown or a bridge, a temporary crown is placed on the tooth. The temporary crown will protect your tooth, until it is removed (at your appointment) to have your permanent crown or bridge seated. It may not match the exact shape and shade of your tooth, as the permanent one.
- c. Do not chew on anything hard or sticky, or use any toothpicks or dental floss around/or on your temporary crown. It is cemented with temporary cement and may come off if these items are used on it. The use of temporary cement is for easy removal on your next appointment. If your temporary comes off between appointments, slip it back on and call us for an appointment.
- d. Continue to brush your teeth including your prepared tooth. Continue to floss your other teeth as usual.
- e. Soreness around the gum tissue is not uncommon. Warm salt water rinses (1 tsp. salt in 1 cup warm water) are recommended if this is a problem.
- f. Sensitivity to cold and pressure is not uncommon after a tooth has been prepared for a crown. If tooth is sensitive, avoid cold foods and drinks, also avoid hard foods.
- g. If you are feeling lot of discomfort or have any questions or problems, call us at (425) 556-9795. If you can take ibuprofen; these are recommended for minor discomfort or pain.

## **CROWN AND BRIDGE: AFTER THE CEMENTATION**

- a. After the final cementation of your fixed restoration, it may take a few days to get used to the new crown or bridge.
- b. If you feel the bite is not correctly balanced, be sure and call for an appointment for a simple adjustment.
- c. You may have sensitivity to cold. Avoid cold food and drinks, if this is a problem. Sensitivity should subside in a few days to a few weeks.
- d. You may have gum irritation after the crown is placed. Warm salt water rinses( 1 tsp. salt in 1 cup warm water) for the next few days will help the gum to heal and will help relieve discomfort. You may experience some bleeding of the gum when brushing and flossing for the first few times. Continue brushing and flossing all the teeth as usual and these symptoms should subside in a few days.
- e. Proper brushing and flossing is recommended to help you retain your final restoration. The crowned tooth can decay at the edge of the crown at the gum line. Treat and care for your crown as you would for all of your teeth.
- f. Follow all our home care instructions exactly as directed. Always use fluoridated tartar control toothpaste. Success of treatment depends directly on the improvement/maintenance of your excellent oral hygiene.